



INTRODUCTION

Pakistan is passing through one of the harshest periods in its political history. Power has become increasingly centralized, criticism is curtailed, and democratic institutions operate under visible strain. Recent laws have drawn concern from international observers, including the United Nations, as civic space continues to contract and fundamental rights grow uncertain. The rule of law is weakening. Political detentions, drawn-out trials, and unequal access to justice have created a climate of intimidation and unpredictability. At the same time, corruption and cartelization flourish, while millions struggle with unemployment, inflation, and poverty so severe that estimates suggest nearly 3-4 million people rely on begging for survival. Governance appears adrift, institutions operate without coherence, and the economic system is dragged down by mismanagement and exploitation. The space for the business community is shrinking by the minute. Democracy has been repeatedly disrupted, Parliament sidelined, and civilian authority diluted. The result is a country where people feel unprotected, rights appear negotiable, and accountability is rare. Amid this environment, on 10 January 2026, Senator Mushtaq Ahmed Khan, together with some concerned citizens, established the Pakistan Rights Movement (PRM) to create an organized platform focused on constitutional rights, lawful resistance, and principled reform. So that a struggle for social justice, fundamental rights and global peace can be organized.

OUR MISSION

“Our mission is to bring about a social and political change through a democratic, non-violent, legal, and peaceful struggle while also fighting against injustice at both local and international level.”

OUR VISION

“To see a Pakistan where every citizen enjoys justice, equality, and respect, and where state power is accountable to the Constitution. Where the people’s right to rule & Islamic spirit of the constitution of Pakistan is protected and the state fulfills its responsibility of providing health, education and other basic necessities.”

Our Three “R” Agenda

RIGHTS

We will defend the constitutional, human, social, and economic rights of all citizens.

RESISTANCE

We will stand against injustice, oppression, corruption, and abuse of power, always peacefully.

REFORM

We will work for changes in laws, institutions, and society to create a fair and dignified future.

The Four Corners of Our Resistance

LEGAL

Our struggle stays within the Constitution and the law

DEMOCRATIC

We rely on public power, transparency, and participation

NON-VIOLENT

We reject violence in all forms

PEACEFUL

Our actions, protests, and speech remain calm, disciplined, and responsible

WHAT WE STAND FOR

1. True democracy in Pakistan
2. Fight against corruption
3. To fight for the rights of all political prisoners
4. Protection from enforced disappearances, extrajudicial killings and military operations
5. Freedom of speech, press, and assembly
6. To ensure constitutional rights for all provinces, federating units, and communities
7. Women's, children's, and minority rights
8. Fair trial, due process, and rule of law and independent judiciary
9. Solidarity with oppressed people worldwide
10. Civilian supremacy
11. Repatriation of Dr Afia Siddiqui
12. To end the Genocide in Gaza and a free Palestinian state (One State Solution)
13. Freedom of Kashmir
14. Ease of doing business in Pakistan
15. To force the state to fulfill its constitutional responsibility of providing health, education, food, clean environment, affordable housing, and other basic necessities, irrespective of sex, caste, creed or race, and religion
16. A decentralized Government administration and empowered local governments.
17. Three “E’s” for youth i.e. Engagement, Employment, and Education